## Psychological Wellbeing

- •Life satisfaction
- Positive emotions
- Negative emotions Spirituality

#### Health

- Mental health
- Self reported health status
- Healthy days
- Disability

## • Household per capita income

• Assets

Housing

Living Standards

# Ecological Diversity and Resilience

- Ecological Issues
- •Responsibility towards environment
- Wildlife damage (Rural)
- Urbanization issues

# GNH

#### Time Use

- Work
- Leisure
- Sleep

Education

Literacy

Value

Schooling

• Knowledge

#### Community Vitality

- •Donations (time & money)
- •Community relationship
- FamilySafety

# Cultural Diversity and Resilience

- •Gov't performance •Speak nat
- Fundamental rights Language
- Services
- Political Participation

Good Governance

### •Speak native

- Language
  •Cultural
- Artistic SkillsDriglam Namzha

#### Participation

#### **Psychological** Wellbeing

- •Life satisfaction
- Positive emotions
- Negative emotions
- Spirituality

Living Standards

• Assets

· Housing

· Household per

capita income

#### Health

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Addition to the conventional indicators

#### Ecological Diversity and Resilience

- Ecological Issues
- Responsibility towards environment
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# GNH

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Work Leisure Sleep

#### Community Vitality

- Donations (time &
- Community relationship
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ucation

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#### Good Governance

- Gov't performance
- Fundamental rights
- Services
- Political **Participation**

#### iversity and Resilience

- •Speak native Language
- Cultural
- Artistic Skills
- Driglam Namzha

# **GNH 2010 Survey Results**



- The 2010 survey results give a GNH Index of 0.743 (head count + deprivation intensity)
  - Overall, only 40% of people have 6 "bowls" out of 9 "bowls" full
  - However, intensity of deprivations quite low
  - Areas going well Health, ED&R, CV & CD&R
  - Areas of concerns Education, GG



# **GNH Indicators**

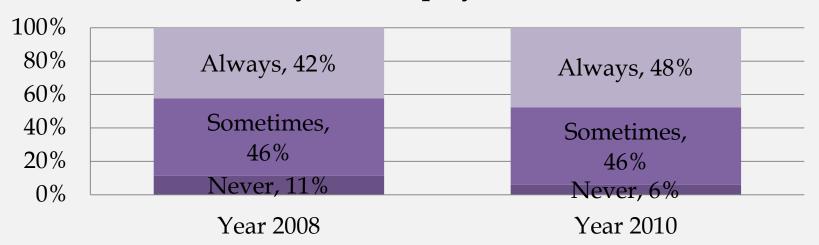


## **Psychological Well-being**

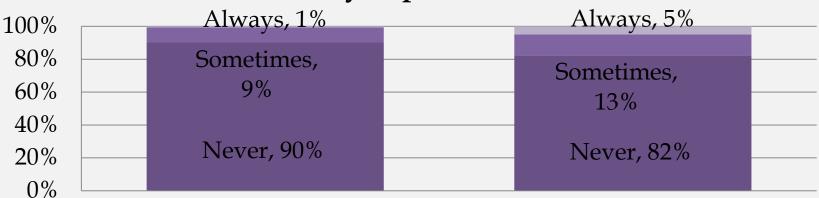
- Life satisfaction
- Positive emotions
- Negative emotions
- Spirituality



### How often do you recite prayers?



## How often do you practice meditation?



Year 2008
Gross National Happiness Commission, RGoB

Year 2010





## **Cultural Diversity and Resilience**

- Speak native Language
- Cultural Participation
- Artistic Skills
- •Driglam Namzha





