#### HAPPINESS (SUBJECTIVE WELL-BEING) AS A WELFARE CRITERION: ECONOMICS VIEWPOINTS

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# PURPOSES

- To consider happiness (subjective well-being) as a welfare criterion from the viewpoint of economics, and thereby
- To discuss the pros and cons of the happiness index which will help
  - in constructing better measures of happiness, and
  - in considering social welfare multidimensionally

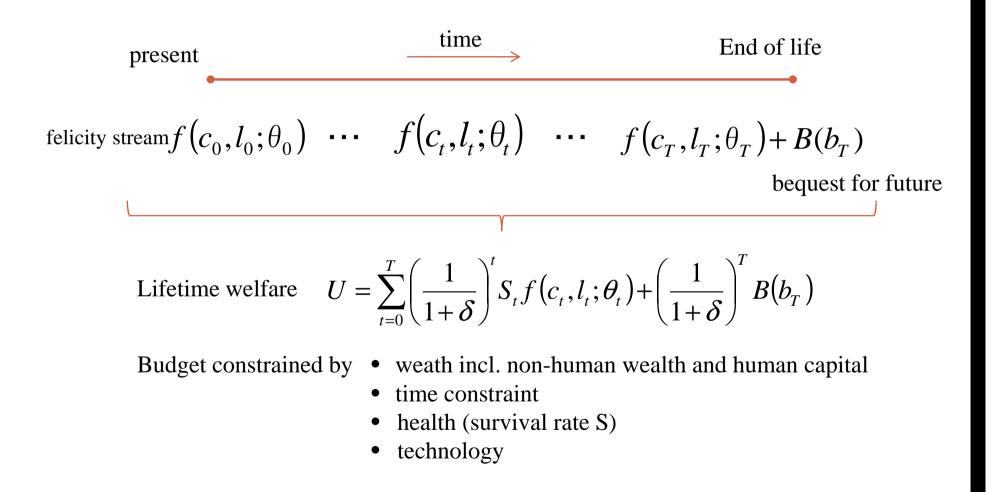
### NEED FOR A WELFARE CRITERION OTHER THAN DECISION UTILITY

- Suboptimal behavior under decision utility (revealed preference)
  - Time-inconsistent preferences (hyperbolic discounting)
  - Status-quo bias
- Happiness as experience utility could play a complementary role as an welfare index which helps us to evaluate policy effects

E.g.,

- Gruber and Mullainathan (2005): "Cigarette taxation enhanced smokers' happiness."
- Wolfers (2003): One percentage-point decrease of unemployment causes 4.7 times more happiness than a percentage-point decline in inflation.

#### CONSIDERING OUR LIFETIME WELFARE



## **IMPLICATION 1: U matters.**

- An ideal welfare index would relate to lifetime welfare U, rather than temporary felicity.
  - Happiness data seem to reflect retrospective satisfaction from past and present life. It should capture more prospective satisfaction from future life and future generation.
  - It could be done by
    - 1. Designing questions such that the resulting data reflect prospective future satisfaction, or
    - 2. Evaluating social welfare multi-dimensionally by jointly using some indices which reflect prospective future satisfaction, including:
      - 1. opportunities for education
      - 2. benefits from the medical system
      - 3. social mobility
      - 4. the equality of political rights
      - 5. natural resource

#### IMPLICATION 2: Income & wealth matter.

- Income and wealth as resource constraints play a critical role in generating well-being.
  - The Easterlin paradox: "Happiness has not been associated with income in time-series aggregate data"
  - Needs for further robustness check using panel data
  - Panel data shows "money buys happiness."
    - Year-by-year strong positive correlation between individuals' happiness and per capita household income
      - Stevenson and Wolfers (2008 BPEA)
      - Deaton (2007, NBER)
      - Osaka University Panel, 2005-2011

## **IMPLICATION 3:** Effects of Reference points

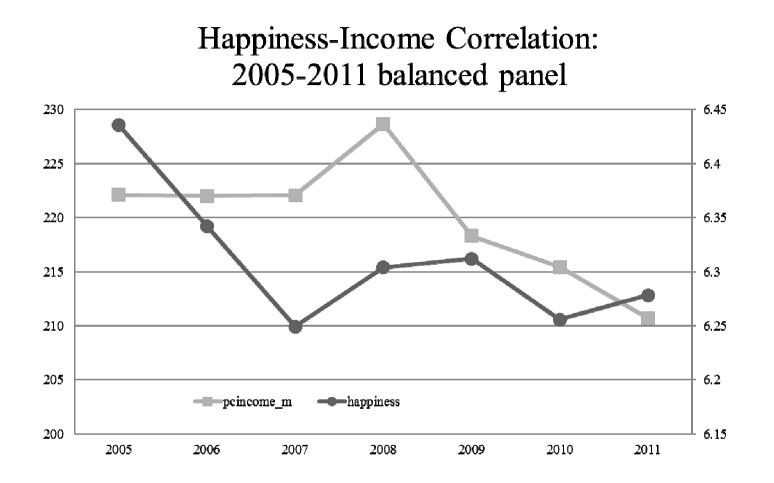
- SWB depends on reference points due to, e.g.,
  - social comparison
  - adaptation (habit)
- Two implications
  - equality of income distribution matters
  - Limitation: SWB depends on arbitrary reference points, which are easily affected by
    - commercial advt.
    - political propaganda
    - information control, etc.

# CONCLUSIONS

- 1. Because decision utility constructed from revealed preference is not always reliable for welfare evaluation, "happiness" (defined as experience utility) could play a complementary role in social and policy evaluation.
- 2. We should evaluate welfare by incorporating:
  - non-human and human capital stocks as well as income flows as resource constraints
  - factors reflecting prospective as well as retrospective satisfaction, and
  - the equality of income distribution.
- 3. We should note the limitation of subjective well-being data that they depend on arbitrary reference points. Because of the limitation, it is hard to compare peoples' welfare levels using such subjective measures.

#### THANK YOU FOR YOUR ATTENTION.

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\* Osaka University Panel Data (sample 1359\*7 man\*year)). Happiness takes 11 possible values from is 0 (least happy) to 10 (happiest). Income is percapita household income in 10 thousand JPY.